



# The Catholic Parish of Pittwater

Sacred Heart & Maria Regina. Neighbourhoods of Grace, entrusted to the care of the Salvatorians.



## Prayer of Blessing on Palm Sunday

God, our loving Father, increase the faith of those who place their hope in You. Graciously hear the prayers of those who call on You.

May today hold high these branches to hail Christ in His triumphs.

May it bear fruit by the good works accomplished in His home.

May we also receive Your powerful protection from every evil, sickness and misfortune.

Through our Lord, Jesus Christ, Your Son, who lives and reigns with You, in the unity of the Holy Spirit, one God, forever and ever.

Amen.



## Thoughts of Blessed Francis Jordan

True humility is the key to heaven's treasury of grace. Oh pilgrim, get up bravely, if you stumble along the rugged path to life!

*A warm welcome to all our parishioners and visitors who are celebrating the Eucharist with us at Pittwater Parish - Sacred Heart Church and Maria Regina Church*

## SAFEGUARDING

We, the people of the Catholic Diocese of Broken Bay and the Catholic Parish of Pittwater are committed to fostering communities of safety and care for all people, especially for children and others in the community who are vulnerable. Our commitment is underscored by our faith in Jesus Christ.



## POPE FRANCIS' PRAYER INTENTION FOR March

***For The Martyrs of Our Day, Witnesses to Christ***  
Let us pray that those who risk their lives for the Gospel in various parts of the world might imbue the Church with their courage and missionary drive.



## MASS TIMES

### SACRED HEART CHURCH

1 Keenan Street, Mona Vale

#### WEEKDAY MASSES

Tuesday 9.30am  
*Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 8:30 am, followed by Mass*  
Wednesday 9.30am  
Thursday 7pm  
*Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 7.30pm to 9pm*  
Friday 9.30am  
*First Friday of the Month, Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction from 9.30am, followed by Mass with Anointing of the Sick at 10.30am*

#### WEEKEND MASSES

Saturday Vigil 5.00pm  
Sunday 8.00am • 10.00am • 6.00pm (SOUL)

RECONCILIATION  
4.00pm to 4.30pm Saturday

Baptism  
4th Sunday - 11.30am

### MARIA REGINA CHURCH

7 Central Road, Avalon

#### WEEKDAY MASSES

Monday 8am  
Wednesday 8am  
Thursday 10am  
*9am Exposition of the Blessed Sacrament, Adoration and Benediction at 9.45am*  
Friday 8am

Mass with Anointing of the Sick - First Friday of the Month at 8am

#### WEEKEND MASSES

Saturday Vigil 6.00pm  
Sunday 9.00am

RECONCILIATION  
Before Vigil Mass on Saturday  
BAPTISM  
3rd Sunday - 11.00am

## We Pray for

### Deceased Anniversary *Pave Lucic*

Recently Deceased  
*William Bartolo  
Nancy Carmel Thomason  
Malcom Pettinger  
Ilka Spadina  
Betty Jones  
George Cilia*

### Prayer for the Sick

Anna Śmigowska  
Jeff Langley  
Mark Linfiels  
Nick Moullakis  
Bill Eyre  
Brian Gregan  
Marcia Bailey  
Bec Burroughs  
Margaret De Landre  
Stefan Bayer  
Jenny Carroll  
Matt Ukishima  
Sean O'Sullivan  
Maureen Larios  
Denise Wagner  
Tom Murphy  
Leonie Ariemetto  
Marco Sangiacamo  
Sarah Paterson  
Elaine Boyes  
Pauline Chipman  
Marta Bizubova  
Brian Cranch

## BOOK REVIEW

### On the Way to Jesus Christ

by: Joseph Ratzinger  
Pope Benedict XVI



This series of meditations, studies the true Jesus, the Jesus of the Gospels who is quite different, demanding and bold and is not convenient for us. The Jesus who makes everything OK for everyone is not a real figure. The true Jesus answers the deepest question of our existence, which- whether we want to or not- keeps on the look-out for God, for gratification that is limitless- for the infinite.

### Blessing of the Easter Foods



Holy Saturday, 30 March  
at 11 am,  
Sacred Heart Church,  
Mona Vale

### Liturgy for the Week

25/03 Monday, Holy Week  
Is 42:1-7; Jn 12:1-11  
26/03 Tuesday, Holy Week  
Is 49:1-6; Jn 13:21-33,36-38  
27/03 Wednesday, Holy Week  
Is 50:4-9; Mt 26:14-25  
28/03 Thursday of the Lord's Supper  
Ex 12:1-8, 11-14; Ps 115:12-13, 15-18; 1 Cor 11:23-26; Jn 13:1-15  
29/03 Friday, Passion of the Lord  
Is 52:13 - 53:12; Jn 18:1 - 19:42  
30/03 Holy Saturday  
Gen 1:1 - 2:2; Gen 22:1-18; Ex 14:15 - 15:1; Is 54:5-14; Is 55:1-11; Baruch 3:9-15, 32-44; Ezek 36:16-28; Rom 6:3-11; Mk 16:1-7

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Parish of  
Pittwater

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Use this App to support our  
Clergy through the first  
collection and our Parish  
through the second collection.  
Donations can be made weekly,  
fortnightly, monthly or one-off.

Thank you for your continued  
contributions and support. Your  
financial contributions and your  
generous donations throughout  
the year are greatly appreciated.

Available on the  
App Store

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The **BOOK/DVD REVIEWS** you see in this bulletin each week are taken from books and DVDs in the **Parish Library** at Maria Regina Church, Avalon. The **Library is open after weekday and weekend Masses**. Please feel free to browse. If you are interested in a book or DVD but can't make it to those Masses, **PLEASE CONTACT Trish Newman on 0401 613 643**





# GOOD FRIDAY HOLY LAND COLLECTION

## To the people of the Church in Australia, for the Holy Land Collection 2024

For 800 years, the Franciscan Friars have shared the difficult lives of Christians in the countries that make up the Franciscan Custody of the Holy Land: Israel and Palestine, Egypt, Syria, Jordan, Lebanon, Rhodes and Cyprus. The people of these countries face their own difficulties, but particularly Christians due to their minority status. Among them, the friars have never ceased offering their pastoral care.

Two years ago it was the Pandemic that was causing havoc for the people in the Holy Land (as it was in the rest of the world) but now there is a new and more dangerous threat through the ongoing conflict which may last for quite some time. Just when pilgrims were starting to return, the Sacred Places of our Christian Faith are once again closed to pilgrims. Pilgrims are vital because they generate income that allows the Friars and the local Church to fulfil their mission of caring for the Holy Places (which also give work to the local people), as well as running parishes, schools and caring for orphans, refugees, the homeless, and more.

Brothers and sisters, as is the case in many parts of the world, the financial situation in the Holy Land

continues to be extremely challenging. In late 2021, Fr Francesco Patton ofm, the Franciscan leader of the Holy Land Custody wrote the following, which I believe is still relevant for us. I have replaced the word 'pandemic' with 'war':

"We have not closed the sanctuaries but tried to enhance them by intensifying our invocations in the name of all humanity. We have made them accessible by broadcasting the celebrations to keep alive the bond with the faithful and pilgrims. We have not stopped caring for our parishes with their faithful, whether they are Arabic, Hebrew or Greek speaking locals, migrant workers or refugees. The liturgies, Sacraments and Catechesis, albeit with many restrictions, have continued to nourish the lives of our people. The care of the sick and accompaniment of the dying have continued so as not to abandon them in the face of the war ( pandemic). Our charitable commitments have continued to serve a population tried not only by the pandemic, but also by the disasters of war, the cynical and cruel 'Laws of the Market', the absence of social assistance, and by having to resort to begging to satisfy everyday needs or send their children to school. We have not closed schools but continued to take care of the education of infants, children, and young people. But all this, of course, has a cost, a large part of which is covered by the Good Friday Collection and the generosity of the faithful from all over the world. In light of the war's ( pandemic's) ongoing effects, we friars of the Holy Land, even more than in past years, make ourselves beggars and appeal to the generosity of your hearts."  
(Patton, 2021)

Brothers and sisters, as is always the case, the Good Friday Holy Land Collection is extremely important, and a mission that we all can assist with. The hope is that our Australian parishioners, Parish Priests and Bishops will again be as generous as they have always been. Our donation is a direct way to make a difference in the lives of people who are keeping alive the Christian presence in the land of Jesus, often in the face of great difficulty in recent years. On their behalf, I humbly and wholeheartedly thank you all.

*Friar Bernie Thomas ofm*

*Commissary of the Holy Land (Australia)*



## Parish Directory

### **Pittwater Parish**

**1 Keenan Street Mona Vale  
NSW 2103  
Tel 9157 0999**

### **Parish Priest**

**Fr Richard Sadowski SDS**  
Tel 9157 0999 ext 10  
pp@pittwaterparish.org

### **Assistant Priest**

**Fr Zygmunt Smigowski SDS**  
Tel 9157 0999 ext 12  
ap@pittwaterparish.org

### **Parish Secretary**

**Belinda Cimino**  
Tel 9157 0999 ext 30  
office@pittwaterparish.org

### **Administrative Assistant**

**Shereae Knight**  
Tel 9157 0999 ext 30  
office@pittwaterparish.org

### **Director of Music**

**Josh Willard**  
Tel 9157 0999 ext 17  
music@pittwaterparish.org

### **Media & Communications Coordinator**

**Conille Felias**  
Tel 9157 0999 ext 31  
media@pittwaterparish.org

### **Sacramental Coordinator**

**Sonia Samartin**  
Tel 9157 0999 ext 13  
sacraments@pittwaterparish.org

### **CCD Catechist Coordinators**

**Maureen Wooldridge**  
Mobile 0421 907 469  
**Veronica Thomas**  
Mobile 0417 061 534

**Sacred Heart Church**  
**1 Keenan Street Mona Vale**  
**Maria Regina Church**  
**7 Central Road Avalon**

### **MONA VALE**

**Sacred Heart School**  
Tel 8197 6900  
**Principal: Mr Jamie Wahab**

### **AVALON**

**Maria Regina School**  
Tel 7256 2138  
**Principal: Ms Kirsty Thorpe**

### **WARRIEWOOD**

**Mater Maria Catholic  
College**  
Tel 7256 2100  
**Principal: Mr Marc Reicher**



## DATES *for your DIARY*



### STATIONS OF THE CROSS

Every Friday in Lent after morning masses at both Churches  
Maria Regina Church, Avalon  
*after the 8am Mass*  
Sacred Heart Church, Mona Vale  
*after the 9:30 am Mass*



### LENTEN PARISH RECONCILIATION

Sacred Heart Church,  
Mona Vale  
21st of March, Thursday  
*after the 7.00pm*



### CHRISM MASS

Our Lady of the Rosary Cathedral,  
Waitara  
26th of March, Tuesday  
*at 7.30pm*



### HOLY THURSDAY

Sacred Heart Church, Mona Vale  
28th of March, Thursday  
*at 7.00pm*  
*(No Morning Mass at Avalon)*



### GOOD FRIDAY

*(Stations of the Cross)*

29th of March  
Sacred Heart Church, Mona Vale  
*at 10.00am*  
Maria Regina Church, Avalon  
*at 10.00am*



### THE PASSION OF THE LORD

Sacred Heart Church, Mona Vale  
*at 3.00pm*  
Maria Regina Church, Avalon  
*at 3.00pm*




### HOLY SATURDAY

30th of March  
Maria Regina Church, Avalon  
Family Mass  
*at 6.00pm*  
Sacred Heart Church, Mona Vale  
*at 7.30pm*  
*(No 5.00pm Vigil Mass)*



### EASTER SUNDAY

31st of March  
Sacred Heart Church, Mona Vale  
*at 8.00am, 10.00am & 6.00pm*  
Maria Regina Church, Avalon  
*at 9.00am*



Update from the  
Sacramental Coordinator

## SACRAMENT OF CONFIRMATION

Maria Regina Church, Avalon  
Saturday, 22 June 2024 at 6:00 pm  
or  
Sacred Heart Church, Mona Vale  
Sunday, 23 June 2024  
at 10:00 am and 12 noon

Children in Year 3 and above are eligible to receive the Sacrament of Confirmation if they have been baptised.

For more information about the requirements, the preparation program, enrolments, etc., you **MUST ATTEND ONE** of the following **Parent Information & Commitment Sessions** which will take place at 7:30 pm:

- Thursday, 2 May - Maria Regina Church, Avalon
- Monday, 6 May - Sacred Heart Church, Mona Vale

If you have any questions, or would like to become a facilitator of your child's preparation group please contact

Sonia at [sacraments@pittwaterparish.org](mailto:sacraments@pittwaterparish.org)



From **GOOD FRIDAY**,  
29 March  
and will re-open on  
**2 April, Tuesday**

The phones and emails are monitored regularly. So please don't hesitate to contact us and leave a message.

Have a Blessed Holy Week!

## **FAMILY MASS**

Everyone is invited to the upcoming Family Mass on the 30th of March, Holy Saturday @ 6.00 pm at the **MARIA REGINA CHURCH, AVALON**



We can all come together to celebrate faith, hope and love. Join us in this spiritual celebration as we grow and learn as a **COMMUNITY**.





## Parish Bulletin Term 1, Week 7

Our Project Compassion fundraising initiatives continued this week with bake sales, sausage roll sales, an Easter egg jar competition, a Build Your Own Ice Cream Adventure, Dance Party, and our annual Concert for Caritas. We are grateful for the compassion and generosity displayed by our Mater Maria community, embodying our five College values: Community, Justice, Hospitality, Spirituality, and Stewardship. For over 50 years, Project Compassion has raised essential funds for Caritas Australia, supporting communities affected by poverty and injustice globally.

Our Pre-Loved Uniform Shop opened this term, offering parents wearable uniform items at a 70% discount, with all proceeds will be donated to charity.

This week, our Year 11 Drama students performed our Anti-Bullying Play, "The Power of Some," for local Catholic Primary schools. Through the play and subsequent discussions, students in Years 4–6 learn about bullying and strategies to foster positive relationships. Students from Stage 6 Geography and EES spent four days in the Kosciuszko region conducting fieldwork to deepen their understanding of ecosystem functioning and the interactions among the biosphere, atmosphere, hydrosphere and geosphere.

Year 10 students enrolled in the Cross Campus Centre Applied Philosophy course embarked on a city excursion to the Art Gallery of NSW. Basketball was a focal point this week, with MWBA matches held every day after school and Mater Maria's Opens Basketball team participating in the Broken Bay Gala Day against other schools in the diocese at Terrigal. Additionally, our weekly Mater Maria Surfing Program continued.

Applications for Year 7, 2026, and 2027 are currently being accepted, with a waitlist for students in Year 6 transitioning to Year 7, 2025, as well as all other year groups for 2024.

Visit the College website at

[www.matermaria.nsw.edu.au/enrolments](http://www.matermaria.nsw.edu.au/enrolments) for a prospectus, Enrolment Application form, or further information. Applications for Year 7, 2026, close on Friday, April 12, 2024.



# Maria Regina Catholic Primary School Avalon

Ignite • Connect • Excel



## OPEN DAY

Wednesday 27 March 2024  
9am – 10.30am



Meet our Principal, teachers, students and parents as they welcome you to the Maria Regina community.



Experience school life at Maria Regina through a personalised and intimate student-led tour.



Learn about the many opportunities Maria Regina offers our students as valued and nurtured individuals.



Gain an insight into our faith-led approach and K-12 Catholic journey.



Scan now  
to register

**Kirsty Thorpe, Principal**  
Maria Regina Catholic  
Primary School  
42 Central Road  
Avalon NSW 2107  
(02) 7256 2138  
[mra@dbb.catholic.edu.au](mailto:mra@dbb.catholic.edu.au)



Authentic, professional Catholic education,  
delivered with care and compassion



## Let's Party!

Social connection and friendship are an important part of life. The covid years put a dent in our activities. Things are back to normal now and it is time to have some FUN!

Pittwater Parish is forming a Social Committee to help us do that! We have a lot to celebrate this year including the Maria Regina Church Anniversary. We are planning a dinner, a BBQ and a special Mass. There are also movie and pizza nights coming up. If you are interested in being a part of this organising group, please get in touch with me by email or text message at

[tamara.harding@bigpond.com](mailto:tamara.harding@bigpond.com) or 0403 226 699

Thank you so much, TAMARA

# The *Living* Word **Palm Sunday of the Passion of the Lord**

## Entrance Antiphon

John 12: 1, 12-13; Ps 23: 9-10

Six days before the Passover,  
when the Lord came into the city of  
Jerusalem,  
the children ran to meet him;  
in their hands they carried palm branches  
and with a loud voice cried out:  
\* Hosanna in the highest!  
Blessed are you, who have come in your  
abundant mercy!  
O gates, lift high your heads;  
grow higher, ancient doors.  
Let him enter, the king of glory!  
Who is this king of glory?  
He, the Lord of hosts, he is the king of  
glory.  
\* Hosanna in the highest!  
Blessed are you, who have come in your  
abundant mercy!

## First Reading

Isaiah 50:4-7

### A reading from the prophet Isaiah

*I did not cover my face against insult and  
I know I will not be ashamed.*

The Lord has given me  
a disciple's tongue.  
So that I may know how to reply to the  
wearied  
he provides me with speech.  
Each morning he wakes me to hear,  
to listen like a disciple.  
The Lord has opened my ear.  
For my part, I made no resistance,  
neither did I turn away.  
I offered my back to those who struck  
me,  
my cheeks to those who tore at my  
beard;  
I did not cover my face  
against insult and spittle.  
The Lord comes to my help,  
so that I am untouched by the insults.  
So, too, I set my face like flint;  
I know I shall not be shamed.  
**The word of the Lord**

## Responsorial Psalm

Ps 21:8-9, 17-20, 23-24. R. v.2

**(R.) My God, my God, why have you  
abandoned me?**

All who see me deride me. They curl  
their lips, they toss their heads.  
'He trusted in the Lord, let him save him;  
let him release him if this is his friend.'  
**(R.)**

Many dogs have surrounded me,  
a band of the wicked beset me.  
They tear holes in my hands and my feet.  
I can count every one of my bones. **(R.)**

They divide my clothing among them.  
They cast lots for my robe.  
O Lord, do not leave me alone,  
my strength, make haste to help me! **(R.)**

I will tell of your name to my brethren  
and praise you where they are  
assembled.  
'You who fear the Lord give him praise;  
all sons of Jacob, give him glory.  
Revere him, Israel's sons.' **(R.)**

## Second Reading

Philippians 2:6-11

### A reading from the letter of St Paul to the Philippians

*He humbled himself to become like us  
and God raised him on high.*

His state was divine,  
yet Christ Jesus did not cling  
to his equality with God  
but emptied himself  
to assume the condition of a slave,  
and became as men are,  
and being as all men are,  
he was humbler yet,  
even to accepting death,  
death on a cross.  
But God raised him high  
and gave him the name  
which is above all other names  
so that all beings  
in the heavens, on earth and in the  
underworld,  
should bend the knee at the name of  
Jesus  
and that every tongue should acclaim  
Jesus Christ as Lord,  
to the glory of God the Father.

### The word of the Lord.

## Gospel Acclamation

Philippians 2:8-9

Praise to you, Lord Jesus Christ, king of  
endless glory!

Christ became obedient for us even to  
death dying on the cross.  
Therefore God raised him on high  
and gave him a name above all other  
names.

Praise to you, Lord Jesus Christ, king of  
endless glory!

## Gospel

Mark 14:1 – 15:47

### A reading from the holy Gospel according to Mark

*The passion of our Lord Jesus Christ  
according to Mark.*

**N** It was two days before the Passover  
and the feast of Unleavened Bread, and  
the chief priests and scribes were looking  
for a way to arrest Jesus by some trick  
and have him put to death. For they said,

**C** It must not be during the festivities, or  
there will be a disturbance among the  
people.

**N** Jesus was at Bethany in the house of  
Simon the leper; he was at dinner when a  
woman came in with an alabaster jar of  
very costly ointment, pure nard. She  
broke the jar and poured the ointment on  
his head. Some who were there said to  
one another indignantly,

**C** Why this waste of ointment?  
Ointment like this could have been sold  
for over three hundred denarii and the  
money given to the poor;

**N** and they were angry with her. But  
Jesus said,

**J** Leave her alone. Why are you  
upsetting her? What she has done for me  
is one of the good works. You have the  
poor with you always and you can be  
kind to them whenever you wish, but you  
will not always have me. She has done  
what was in her power to do; she has  
anointed my body beforehand for its  
burial. I tell you solemnly, wherever  
throughout all the world the Good News  
is proclaimed, what she has done will be  
told also, in remembrance of her.

**N** Judas Iscariot, one of the Twelve,  
approached the chief priests with an offer  
to hand Jesus over to them. They were  
delighted to hear it, and promised to give  
him money; and he looked for a way of  
betraying him when the opportunity  
should occur.

On the first day of Unleavened Bread,  
when the Passover lamb was sacrificed,  
his disciples said to him,

**C** Where do you want us to go and make  
the preparations for you to eat the  
Passover?

**N** So he sent two of his disciples, saying  
to them,

**J** Go into the city and you will meet a  
man carrying a pitcher of water. Follow  
him, and say to the owner of the house  
which he enters, 'The Master says:  
Where is my dining room in which I can  
eat the Passover with my disciples?' He  
will show you a large upper room  
furnished with couches, all prepared.  
Make the preparations for us there.

**N** The disciples set out and went to the  
city and found everything as he had told  
them, and prepared the Passover.  
When evening came he arrived with the  
Twelve. And while they were at table  
eating, Jesus said,

**J** I tell you solemnly, one of you is about  
to betray me, one of you eating with me.

**N** They were distressed and asked him,  
one after another,

**O** Not I, surely?

**N** He said to them,

**J** It is one of the Twelve, one who is  
dipping into the same dish with me. Yes,  
the Son of Man is going to his fate, as  
the scriptures say he will, but alas for  
that man by whom the Son of Man is  
betrayed! Better for that man if he had  
never been born!

**N** And as they were eating he took some  
bread, and when he had said the blessing  
he broke it and gave it to them saying,



# The *Living* Word **Palm Sunday of the Passion of the Lord**

**J** Take it; this is my body.

**N** Then he took a cup, and when he had returned thanks he gave it to them, and all drank from it, and he said to them,

**J** This is my blood, the blood of the covenant, which is to be poured out for many. I tell you solemnly, I shall not drink any more wine until the day I drink the new wine in the kingdom of God.

**N** After the psalms had been sung they left for the Mount of Olives. And Jesus said to them,

**J** You will all lose faith, for the scripture says, 'I shall strike the shepherd and the sheep will be scattered.' However after my resurrection I shall go before you to Galilee.

**N** Peter said,

**O** Even if all lose faith, I will not.

**N** And Jesus said to him,

**J** I tell you solemnly, this day, this very night, before the cock crows twice, you will have disowned me three times.

**N** But he repeated still more earnestly,

**O** If I have to die with you, I will never disown you.

**N** And they all said the same. They came to a small estate called Gethsemane, and Jesus said to his disciples,

**J** Stay here while I pray.

**N** Then he took Peter and James and John with him. And a sudden fear came over him, and great distress. And he said to them,

**J** My soul is sorrowful to the point of death. Wait here, and keep awake.

**N** And going on a little further he threw himself on the ground and prayed that, if it were possible, this hour might pass him by. He said,

**J** Abba (Father)! Everything is possible for you. Take this cup away from me. But let it be as you, not I, would have it.

**N** He came back and found them sleeping, and he said to Peter,

**J** Simon, are you asleep? Had you not the strength to keep awake for one hour? You should be awake, and praying not to be put to the test. The spirit is willing but the flesh is weak.

**N** Again he went away and prayed, saying the same words. And once more he came back and found them sleeping, their eyes were so heavy; and they could find no answer for him. He came back a third time and said to them,

**J** You can sleep on now and take your rest. It is all over. The hour has come. Now the Son of Man is to be betrayed

into the hands of sinners. Get up! Let us go! My betrayer is close at hand already.

**N** Even while he was still speaking, Judas, one of the Twelve, came up with a number of men armed with swords and clubs, sent by the chief priests and the scribes and the elders. Now the traitor had arranged a signal with them. He had said,

**O** 'The one I kiss, he is the man. Take him in charge, and see he is well guarded when you lead him away.'

**N** So when the traitor came, he went straight up to Jesus and said,

**O** Rabbi!

**N** and kissed him. The others seized him and took him in charge. Then one of the bystanders drew his sword and struck out at the high priest's servant, and cut off his ear. Then Jesus spoke,

**J** Am I a brigand that you had to set out to capture me with swords and clubs? I was among you teaching in the Temple day after day and you never laid hands on me. But this is to fulfil the scriptures.

**N** And they all deserted him and ran away. A young man who followed him had nothing on but a linen cloth. They caught hold of him, but he left the cloth in their hands and ran away naked. They led Jesus off to the high priest; and all the chief priests and the elders and the scribes assembled there. Peter had followed him at a distance, right into the high priest's palace, and was sitting with the attendants warming himself at the fire. The chief priests and the whole Sanhedrin were looking for evidence against Jesus on which they might pass the death sentence. But they could not find any. Several, indeed, brought false evidence against him, but their evidence was conflicting. Some stood up and submitted this false evidence against him,

**C** We heard him say, 'I am going to destroy this Temple made by human hands, and in three days build another, not made by human hands.'

**N** But even on this point their evidence was conflicting. The high priest then stood up before the whole assembly and put this question to Jesus,

**O** Have you no answer to that? What is this evidence these men are bringing against you?

**N** But he was silent and made no answer at all. The high priest put a second question to him,

**O** Are you the Christ the Son of the Blessed One?

**N** Jesus said,

**J** I am, and you will see the Son of Man seated at the right hand of the Power and coming with the clouds of heaven.

**N** The high priest tore his robes, and said,

**O** What need of witnesses have we now? You heard the blasphemy. What is your finding?

**N** And they all gave their verdict: he deserved to die. Some of them started spitting at him and, blindfolding him, began hitting him with their fists and shouting,

**C** Play the prophet!

**N** And the attendants rained blows on him. While Peter was down below in the courtyard, one of the high-priest's servant-girls came up. She saw Peter warming himself there, stared at him and said,

**O** You too were with Jesus, the man from Nazareth.

**N** But he denied it, saying

**O** I do not know, I do not understand what you are talking about.

**N** And he went out into the forecourt. The servant-girl saw him and again started telling the bystanders,

**O** This fellow is one of them.

**N** But he again denied it. A little later the bystanders themselves said to Peter,

**C** You are one of them for sure! Why, you are a Galilean.

**N** But he started calling curses on himself and swearing,

**O** I do not know the man you speak of.

**N** At that moment the cock crew for the second time, and Peter recalled how Jesus had said to him, 'Before the cock crows twice, you will have disowned me three times.' And he burst into tears. First thing in the morning, the chief priest together with the elders and scribes, in short the whole Sanhedrin, had their plan ready. They had Jesus bound and took him away and handed him over to Pilate. Pilate questioned him,

**O** Are you the king of the Jews?

**N** He answered,

**J** It is you who say it.

**N** And the chief priests brought many accusations against him. Pilate questioned him again,

**O** Have you no reply at all? See how many accusations they are bringing against you!

**N** But to Pilate's amazement, Jesus made no further reply. At festival time Pilate used to release a prisoner for them, anyone they asked for. Now a man called Barabbas was then in prison with the rioters who had committed murder during the uprising. When the crowds went up and began to ask Pilate the customary favour, Pilate answered them,

# The *Living* Word **Palm Sunday of the Passion of the Lord**

**O** Do you want me to release for you the king of the Jews?

**N** For he realised it was out of jealousy that the chief priests had handed Jesus over. The chief priests, however, had incited the crowd to demand that he should release Barabbas for them instead. Then Pilate spoke again.

**O** But in that case, what am I to do with the man you call king of the Jews?

**N** They shouted back.

**C** Crucify him!

**N** Pilate asked them,

**O** Why? What harm has he done?

**N** But they shouted all the louder,

**C** Crucify him!

**N** So Pilate, anxious to placate the crowd, released Barabbas for them and having ordered Jesus to be scourged, handed him over to be crucified. The soldiers led him away to the inner part of the palace, that is, the Praetorium, and called the whole cohort together. They dressed him up in purple, twisted some thorns into a crown and put it on him. And they began saluting him,

**C** Hail, king of the Jews!

**N** They struck his head with a reed and spat on him; and they went down on their knees to do him homage. And when they had finished making fun of him, they took off the purple and dressed him in his own clothes. They led him out to crucify him. They enlisted a passer-by, Simon of Cyrene, father of Alexander and Rufus, who was coming in from the country, to carry his cross. They brought Jesus to the place called Golgotha, which means the place of the skull. They offered him wine mixed with myrrh, but he refused it. Then they crucified him, and shared out his clothing, casting lots to decide what each should get. It was the third hour when they crucified him. The inscription giving the charge against him read: 'The king of the Jews.' And they crucified two robbers with him, one on his right and one on his left. The passers-by jeered at him; they shook their heads and said,

**C** Aha! So you would destroy the Temple and rebuild it in three days! Then save yourself: come down from the cross!

**N** The chief priests and the scribes mocked him among themselves in the same way. They said,

**C** He saved others, he cannot save himself. Let the Christ, the king of Israel, come down from the cross now, for us to see it and believe.

**N** Even those who were crucified with him taunted him. When the sixth hour came there was darkness over the whole land until the ninth hour. And at the ninth hour Jesus

cried out in a loud voice,

**J** Eloi, Eloi, lama sabachthani?

**N** This means, 'My God, my God, why have you deserted me?' When some of those who stood by heard this, they said,

**C** Listen he is calling on Elijah.

**N** Someone ran and soaked a sponge in vinegar and, putting it on a reed, gave it him to drink, saying,

**O** Wait and see if Elijah will come to take him down.

**N** But Jesus gave a loud cry and breathed his last.

**All kneel and pause a moment.**

And the veil of the Temple was torn in two from top to bottom. The centurion, who was standing in front of him, had seen how he died, and he said,

**O** In truth this man was a son of God.

**N** There were some women watching from a distance. Among them were Mary of Magdala, Mary who was the mother of James the younger, and Joset, and Salome. These used to follow him and look after him when he was in Galilee. And there were many other women there who had come up to Jerusalem with him. It was now evening, and since it was Preparation day (that is the vigil of the Sabbath), there came Joseph of Arimathaea, a prominent member of the Council, who himself lived in hope of seeing the kingdom of God, and he boldly went to Pilate and asked for the body of Jesus. Pilate, astonished that he should have died so soon, summoned the centurion and enquired if he was already dead. Having been assured of this by the centurion, he granted the corpse to Joseph who brought a shroud, took Jesus down from the cross, wrapped him in the shroud and laid him in a tomb which had been hewn out of the rock. He then rolled a stone against the entrance of the tomb. Mary of Magdala and Mary the mother of Joset were watching and took note of where he was laid.

**The Gospel of the Lord.**

**Communion Antiphon** Matthew 26:42

Father, if this chalice cannot pass without my drinking it, your will be done.

**REFLECTION**  
by *Dianne Bergant CSA*

*In this final Lenten Sunday, we see that we have been saved through the kenotic (partial renunciation of divine nature) humility of Jesus, not through military power. We have a saviour who was crushed for our iniquities, nailed to a cross as a convicted criminal, and there endured the sense of abandonment. However, this saviour was later lifted up and exalted precisely because he emptied himself of his divine prerogatives. Jesus became one of us in order to show us how we are to live. He was raised up because he himself was first willing to be*

*put down. The passion recounts the extent to which he willingly offered himself. We have a saviour who first offered himself for us and then continues to offer himself to us as an example to follow. As he was willing to empty himself for our sake, so we are told to empty ourselves for the sake of others. The best way to enter Holy Week with him is in the company of those with whom he has identified himself: the poor and the broken; the humiliated and the marginalised; those who suffer the abuse of others; those who never use rank to force their will. If we are to be saved, we must go where salvation takes place: in our streets and in our homes where violence rages; in the dark corners of life where despair seems to hold sway; wherever the innocent are abused or the needy are neglected; wherever there is misunderstanding or fear or jealousy. We must go wherever Christ empties himself for us.*

© *Dianne Bergant CSA*

## Divine Mercy Novena



The Divine Mercy novena prayers were given to St Faustina through an apparition of our Lord Jesus. Each day has a new petition that seeks God's mercy for different purpose.

The message of the Divine Mercy is a powerful and moving way to come closer to Christ. His Mercy is central to our lives and we must continually depend on it and ask for it daily.

**The Divine Mercy Novena begins on Good Friday and goes until The 2nd Sunday of Easter is Divine Mercy Sunday**

*You can join thousands of people in praying the novena this year!*

**More information on the novena:**  
<http://divinemercysunday.com/novena.htm>



# Hosanna! Hosanna!

Passion Sunday, Year B

Draw or write what happened on each of these special days during Holy Week.



## Passion Sunday



## Holy Thursday



## Good Friday



## Easter Sunday

A crowd of people came to see Jesus as he entered Jerusalem on the back of a donkey. Draw yourself amongst a crowd of people waving palm fronds at Jesus.



# EASTER MASS TIMES

## CHRISM MASS

26 March, Tuesday

7.30 pm at

*Our Lady of the Rosary Cathedral,  
Waitara*



## HOLY THURSDAY

28 March

7.00 pm at

*Sacred Heart Church,  
Mona Vale*



*(No Morning Masses at Maria Regina Church)*

## GOOD FRIDAY

*(Fast and Abstinence)*

29 March



STATIONS OF THE CROSS

10.00 am at

*Sacred Heart Church, Mona Vale*

10.00 am at

*Maria Regina Church, Avalon*

PASSION OF THE LORD

3.00 pm at

*Sacred Heart Church, Mona Vale*

3.00 pm at

*Maria Regina Church, Avalon*

## HOLY SATURDAY

30 March

BLESSING OF THE EASTER FOODS

at 11.00 am

*Sacred Heart Church, Mona Vale*



FAMILY MASS

6.00 pm at

*Maria Regina Church, Avalon*

EASTER VIGIL MASS

7.30 pm at

*Sacred Heart Church, Mona Vale*

*(No 5.00 pm Vigil Mass at Sacred Heart Church)*

## EASTER SUNDAY

31 March

8.00 am, 10.00 am, 6.00 pm at

*Sacred Heart Church, Mona Vale*




9.00 am at

*Maria Regina Church, Avalon*



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